



BKF Grand Prix 2023

Sunday 22<sup>nd</sup> January 2023

Penrith Leisure Centre, Southend Rd, Penrith CA11 8JH

British Karate Federation [www.britishkaratefederation.co.uk](http://www.britishkaratefederation.co.uk)



Contact BKF Tournament Organiser, Raj Bhardwaj

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## Kata Categories

KATA - INDIVIDUAL			
Category	Code	Category	Code
Female Cadet Kata	KA1	Male Cadet Kata	KA4
Female Junior Kata	KA2	Male Junior Kata	KA5
Female Senior Kata	KA3	Male Senior Kata	KA6
KATA - TEAMS			
Category	Code	Category	Code
Female Cadet & Junior Team Kata	KA7	Male Cadet & Junior Team Kata	KA9
Female Senior Team Kata	KA8	Male Senior Team Kata	KA10
KATA - PARA INDIVIDUAL			
Category	Code	Description	
Para Kata intellectually impaired (K21) - all ages	KA11	Athletes must have an IQ of 75 or lower on standard tests, having originated before the age of 18. Evidence of significant limitations in adaptive behaviour as expressed in conceptual, social, and practical adaptive skills.	
Para Kata intellectually impaired (K22) - all ages	KA12	Athletes who have an intellectual impairment and Down Syndrome as caused by extra genetic material in chromosome 21'.	
Para Kata intellectually impaired (K23) - all ages	KA13	Athletes who have Autism or Autism Spectrum Disorder (ASD): A full-scale score of IQ of above 75, and/or no diagnosis of intellectual impairment (evidence of functioning cognitively at average or above average levels). A formal diagnosis of autism, ASD or Asperger's syndrome, carried out by a qualified practitioner using accepted diagnostic techniques.	
Blind/visually impaired - U18	KA14		
Blind/visually impaired - 18+	KA15		
Wheelchair users - U18	KA16		
Wheelchair users - 18+	KA17		
Standing Class - U18	KA18		
Standing Class - 18+	KA19		

## Kumite Categories

KUMITE - INDIVIDUAL			
Female Cadet Kumite -47kg	KU1	Male Cadet Kumite -57kg	KU5
Female Cadet Kumite -54kg	KU2	Male Cadet Kumite -63kg	KU6
Female Cadet Kumite +54kg	KU3	Male Cadet Kumite -70kg	KU7
		Male Cadet Kumite +70kg	KU8
		Male Cadet Kumite -52kg	KU4
Female Junior Kumite -48kg	KU9	Male Junior Kumite -55kg	KU13
Female Junior Kumite -53kg	KU10	Male Junior Kumite -61kg	KU14
Female Junior Kumite -59kg	KU11	Male Junior Kumite -68kg	KU15
Female Junior Kumite +59kg	KU12	Male Junior Kumite -76kg	KU16
		Male Junior Kumite +76kg	KU17
Female Senior Kumite -50kg	KU18	Male Senior Kumite -60kg	KU23
Female Senior Kumite -55kg	KU19	Male Senior Kumite -67kg	KU24
Female Senior Kumite -61kg	KU20	Male Senior Kumite -75kg	KU25
Female Senior Kumite -68kg	KU21	Male Senior Kumite -84kg	KU26
Female Senior Kumite +68kg	KU22	Male Senior Kumite +84kg	KU27
KUMITE - TEAMS			
Female Cadet Team Kumite (3)	KT07	Male Cadet Team Kumite (3)	KT10
Female Junior Team Kumite (3)	KT08	Male Junior Team Kumite (3)	KT11
Female Senior Team Kumite (3)	KT09	Male Senior Team Kumite (3)	KT12



# IMPORTANT NOTES

## Photography and Recording

The BKF plan to engage a photographer who will take action shots of the competitors. Video and photographs will be taken at the event for promotional purposes, however should anyone have a concern please contact the event organiser prior to the event.

## IMPORTANT NOTES FOR COACHES:

**For BKF members, only NGB accredited coaches are permitted in the Tatami area and must display their accreditation badges upon entry. If the badge is not shown, a spectator fee will apply.** Anyone wishing to coach at the Tatami must have NGB accreditation to verify that they are aware of the required rules, responsibilities and expected conduct. **Without this accreditation a coach pass will not be issued by the event organiser to BKF members.**

## Coach: Dress code:

Coaches must be in association tracksuits and clearly display their coaching ID badge. Inappropriate dress, as deemed by the Chief Referee, will be refused access to the competition area. Only coaches adhering to the correct dress code and in possession of a coaching pass will be allowed on the competition area.

## Coach: Medical

We record every injury that gives us the slightest concern, however symptoms often occur after the incident and we would ask that the coach or representative informs the medical team of any concerns he or she has at the time of the incident, or any time after, no matter how trivial it may seem.

## We fully intend to have Repechage for CADETS, JUNIORS and SENIORS Individual Kumite and Kata.

However, the Chief Referee has the authority to withdraw repechage if the time frame becomes critical. *Competitors can only compete in their own categories and cannot move up to compete in another category. In the unlikely event of low category entries the organisers reserve the right to amalgamate categories.*

**Insurance:** It is the responsibility of each individual, or parent / guardian of a competitor if under 18 years of age, to have their own insurance cover for the event. Please advise your competitors accordingly regarding insurance cover. It is the responsibility of the clubs/coaches to ensure that all competitors are aware of this and have been advised of adequate cover. Association/club parental consent to compete is also required. This is the responsibility of the association.

Health and Safety issues have been discussed and we try to plan for every eventuality. However, this is a busy tournament and due care and attention is required in all areas. Would all coaches/parents ensure that their children are properly chaperoned. Karate matches are performed in bare feet; please ensure proper footwear is used in the arena and surrounding areas, especially approaching the mats.

**Disclaimer: Karate is a martial art and contact sport. People can and do get injured and we cannot accept responsibility for any such injury, loss or accident arising from your participation in our training, competitions or associated activities and ask that you are aware, agree and accept this by entering or giving permission to enter this event. We should also be notified, in writing, of any medical condition that may have relevance to their participation in Karate.**

If you require any further information or assistance, then please contact the Tournament Organiser Raj Bhardwaj via [tournaments@britishkaratefederation.com](mailto:tournaments@britishkaratefederation.com)



## All Competitor & Coach Registration is via Sportdata

All entries will be via the National Coaches of the four home nations.

Each of the home nation governing bodies will nominate up to four entries per category for the BKF Grand Prix. Hence, this is not an open event.

For registration please visit: [www.Sportdata.org](http://www.Sportdata.org)

It is the responsibility of coaches to ensure that all competitors are registered and are in the correct categories. Competitors are only allowed to compete in their own age/weight category and are not allowed to move up a category. Entries will only be accepted via your coach/association and not from individuals.

Coach Registration: All coaches must register on-line via Sportdata before the closing date. Coach passes will only be issued to coaches who are NGB accredited (for BKF members) and registered via Sportdata (for international and non-WKF coaches).

## Entry fees

Competitor	Entry fee	Spectator	Entry fee
Individual events	£25	Adult	£10
Team events	£30	Children – under 16 yrs	£5

**The closing date for entries and payment of entry fees is Sunday 15<sup>th</sup> January 2023**

No late entries permitted. Payment should be made at the time of entry. However, if entry fees are not received by the closing date entries will be removed from the draw.

Please ensure that if paying by BACS you have an identifying reference against your payment i.e. club / association name. Please also provide a receipt or confirmation of your BACS payment to the organiser via [raj@knowitall.co.uk](mailto:raj@knowitall.co.uk)

**All payments should be made using the PayPal link via Sportdata. This is the preferred method of payment.**



Or by BACS payment direct to:

Bank: Santander  
Name: British Karate Federation  
Account number: 15891790  
Sort code: 09-01-29



## Publication of the draw and timeline

**A first draft of the draw will be published on Monday 16<sup>th</sup> January 2023 via Sportdata.** Coaches will be invited to check for any errors (these usually involve a change in weight category). A new draw will follow any addition / subtraction of an athlete in a given category. In an abundance of transparency, Coaches will be welcome to view the draw being conducted by joining a Skype conference call; please send the Event Organiser a Skype friend request (Skype ID: rajknowitall) by the 30<sup>th</sup> of August if you wish to view the draw in real time.

**The timeline for the Championships weekend will be published on Tuesday 17<sup>th</sup> January 2023 on Sportdata.**

## Finals and Medals

Each category will run straight through to the final and medals will be announced and awarded on the mats immediately after each category.

## Rules of the day

The doors will open at 8:00am and the BKF training / briefing session will start at 9:00am prompt. The BKF Grand Prix championships will start at 11:00 am.

There will be no Kata Bunkai required.

**Kata and Kumite** will be held under WKF rules, which will be strictly applied.

**Kumite weigh in:** We will operate spot weight checks. Any competitor found not to be the correct weight for the category they have entered will not be allowed to compete. We cannot move competitors to another weight category if they fail the weight checks. Athletes competing on the Sunday may volunteer to weigh in on the Saturday by reporting to the Tournament Organiser.

**Teams:** All members of team must be from the same club/association.

### **Compulsory protective wear:**

Red/blue foot protection and hand mitts, as well as gum shields are compulsory for all.

Body protectors and chest guards are compulsory at 12 years and above.

14 years and above – all females must wear a chest protector.

Anyone with braces on the lower teeth **MUST** have a full upper and lower gum shield.

**BKF Chief Referee: Mr Dale Gamble: REFEREES' BRIEFING 8.00am**

## Housekeeping

**Bags and equipment** should not be left where they potentially present a trip hazard. Nor should they be left at the side of the Tatami whilst competing.

Spectators in the seating area should remain seated. Spectators should not stand by the barriers adjacent to the Tatami as this blocks the view of seated spectators and causes a potential health and safety hazard.

## Official Hotel

The BKF has secured a discounted rate for those attending this Championships.

We will be updating this bulletin with details shortly.

# Athlete Operating Procedure

Each category (or pool of a category) is scheduled to run on a specific Tatami. The category will be clearly announced over the public address system and the athletes in that category should then make their way to the corresponding holding area (i.e. if you're scheduled to be on Tatami 1 – wait in holding area 1).

Holding areas for each Tatami will be clearly designated in the area adjacent to the Tatamis. Coaches should ensure that their competitors have assembled in the correct holding area.

A Tatami volunteer will then collect the competitors, one by one for each match. The first visit for any category (or pool) will select competitors for the current bout plus next bout. Bout competitors will then take a seat in the allocated area awaiting their bout.

Coaches should consult the available draw sheets to determine the competitor position in the draw. (This is available via Sportdata and is also displayed within the arena area.)

Please note that once called, competitors should remain within the **holding area** to ensure that they do not miss their bout. It is the coaches' responsibility to have competitors available for the bout as it is called.

Compliance with the above procedure will help to maintain a constant flow and avoid competitors missing their bouts. Your support in this procedure is appreciated.